



## Junior Winter Baseball Academy 2026

The Eastern Suburbs Baseball Club is pleased to offer our junior Winter Academy (WA) program for winter 2026. The WA program provides young players an opportunity to increase their knowledge and understanding of the game and further develop their baseball skills. Players will be instructed on the proper mechanics of hitting, throwing, catching, fielding and base running appropriate for their specific age and skill set. Specialty coaching on pitching and catching will be provided to those interested.

Our goal is to teach these skills in an individual manner and then allow the players to use these skills in friendly scrimmage games. We strive to get the most out of every player and have them enjoy playing baseball!

**Program Dates:** Comprises 9 weeks.

1	2	3	4	5	6	7	8	9
16/5	23/5	30/5	6/6	13/6	20/6	27/6	25/7	1/8

**Training & Scrimmage Game Time:** Sessions will be run from **2:00pm to 4:00pm on Saturdays**.

Intra-squad scrimmage games will share these Saturday training sessions time slots, dependent on the numbers of players in the program. All sessions will be held at our baseball field 2 (small diamond) at Chifley Sports Reserve.

**Players Age:** The program is for young players **League age 16 to League age 8** (i.e. date-of-birth between 1/9/2009 and 31/8/2018), who are either:

- new to baseball and want to get a head start prior to the regular summer baseball season;
- transitioning from T-Ball to Machine Pitch; or from Machine Pitch to Player Pitch, or from Little League to Baseball;
- wanting to develop their baseball skills and fitness or looking to possibly participate at the CSJBA Representative level.

**Program Costs & Registration:** Go to the club website [registration page](#)- go to the blue box "Junior Winter Academy" click [register button](#). It's a good idea to read the [Registration Guide](#). Registration Fee includes a Dolphins Academy T Shirt.

- **Junior Players who played summer 2025/26:** Club Fee \$125 (excl. credit card fee). [Your 25/26 Baseball Australia and Baseball NSW fees have already been paid].
- **New Players** (i.e. not registered for junior 2025/26 summer season): Club fee is \$125 plus Baseball Aust. and Baseball NSW fees. Total fee (excl. credit card fee) is \$259 for all players, excepting League Age 8 players, who pay \$207.

**More Information Contact:** Henry Twaddell at 0402-350-971 or at [easternsuburbsbaseball@gmail.com](mailto:easternsuburbsbaseball@gmail.com)